

Call for Papers

***Journal of Social and Personal Relationships* Special Issue on Mindfulness and Relationships**

Drs. Chelom Leavitt and Johan Karremans are editing a special issue of *The Journal of Social and Personal Relationships* on mindfulness in relationships.

This issue will examine how mindfulness is being used in relational research. We will summarize the state of mindfulness and relationships (i.e. romantic, friendship, parenting, etc.) and examine links between mindfulness and relational outcomes.

Several needs exist in the literature including research examining mindfulness theory and measurement, mindful romantic relationships, mindful parenting, mindful relationship education, mindful adolescents, and other related topics.

We encourage diverse methods such as active control, experimental, longitudinal, experience sampling (ESM), diary studies, qualitative, and neuroscience. We are also interested in receiving articles with samples that are diverse in terms of gender and sexual orientation, as well diverse relationship contexts.

Proposed paper topics: Although not a comprehensive list, here are some possible research areas:

- *Overview of how mindfulness is used in relational research.*
- *Overarching Theory, Challenges, and Future Directions in Mindfulness Research.* Research of mindfulness theory, measurement, and potential directions in the field. This includes meta-analyses, development of theoretical frameworks, and ideas on timely topics.
- *Mindful Parenting.* Research on the effects of mindfulness on parent child relationships. This includes studying mindful children, mindful parents, and the mindful dyad through areas such as communication, trust, and familial love.
- *Adolescent Mindfulness.* Research on mindfulness in the context of adolescent development. This includes early romantic relationships, menarche, body image, sense of self, and other adolescent-specific topics.
- *Mindful Couple Sexual Education.* Research involving couple interventions that teach sexual mindfulness in the context of the dyad. This includes intervention methodology, outcomes, and directions for future intervention work.
- *Long-Term Relationship Mindfulness.* Research that examines the longitudinal outcomes of mindfulness. This includes intervention methodology, long-term outcomes, partner effects, and directions for future intervention work.
- *Mindfulness in Friendships.* Research on the effects of mindfulness on cross-sectional and long-term informal social relationships. This includes ability to make friends, sustain positive relationships, and have meaningful experiences with others.

If you have an article that you think would be appropriate for this special issue, we invite you to submit an extended abstract to Chelom Leavitt (chelom_leavitt@byu.edu) and Johan Karremans at (j.karremans@psych.ru.nl) by **September 1, 2021**.

It is important for us to let you know that the invitation to submit a full manuscript does not guarantee final publication in the special issue. Submissions will undergo editorial screening and then peer-review, and, depending on the peer reviews, authors will have the chance to revise their manuscripts. An accepted paper, however, cannot be guaranteed.

The extended abstract needs to outline your research questions, sample, key findings and should be no more than 500 words. Please also include provisional title and author information (i.e., title, names, affiliation, contact details for all authors); this information will not be counted toward the word limit. We will not accept late submissions.

For any questions, please contact Chelom Leavitt at chelom_leavitt@byu.edu.

Key Dates

September 1, 2021: Abstracts due

October 1, 2021: Decisions on abstracts

February 1, 2022: Deadline for manuscript submission based on approved abstracts

July 2022 to December 2022 (range): Expected publication date (with relevant accepted publications published as “online first” articles ahead of this publication date)